

# GRIEF SHARE 2018

## 13- Session Grief Support Group:

Help and Hope while coping with the loss of a loved one.

Attend any or all sessions.

Classes meet at St. Luke Lutheran Church  
705 E. Greenfield Drive Little Chute

Doors open at 8:30,  
each session meets from 9:00-11:00am  
Limited class size: Pre-registration requested.

Contact the church office at 920.788.4408,  
email Elsa: [elsa@stlukeslittlechute.com](mailto:elsa@stlukeslittlechute.com),  
use the online registration form on our website  
[www.stlukeslittlechute.com/RSVP](http://www.stlukeslittlechute.com/RSVP)

- Session 1: January 6 *"Is This Normal?"*
- Session 2: January 13 *"Challenges of Grief"*
- Session 3: January 20 *"The Journey of Grief" part one*
- Session 4: January 27 *"The Journey of Grief" part two*
- Session 5: February 3 *"Grief and Your Relationships"*
- Session 6: February 10 *"Why?"*
- Session 7: February 17 *"Guilt and Anger"*
- Session 8: February 24 *"Complicating Factors"*
- Session 9: March 3 *"Stuck"*
- Session 10: March 17 *"Lessons of Grief" part one*
- Session 11: April 14 *"Lessons of Grief" part two*
- Session 12: April 21 *"Heaven"*
- Session 13: April 28 *"What Do I Live for Now?"*